



Trinity Street
Cradley Heath
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B64 6HT
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Developing Together for Tomorrow's World

14th April 2026

Dear Parents / Carers,

In line with the government's Relationships and Sex Education (RSE) and Health Education guidance, we will be delivering the PSHE 'Changing Me' unit during Summer Term 2. Using our PSHE scheme of work, *Jigsaw PSHE*, this unit covers the mandatory learning on puberty and health education outlined in the Department for Education (DfE) guidance. A copy of this document is available on the school website.

It is important for all pupils, from Year 1 onwards, to learn the correct scientific terminology for body parts and to understand the changes their bodies may experience in an age-appropriate way. Health Education is mandatory, and pupils cannot be withdrawn from these lessons. Puberty, taught from Year 4, is also compulsory. For more detailed information about what will be taught, please visit the PSHE section of the school website.

Year 5 pupils will receive one additional lesson which, although not compulsory, is strongly recommended. This session covers human reproduction. The lesson, titled '**Conception**', focuses on the scientific process of how a baby is made. Please note that this additional session **only** teaches about the development of the embryo after fertilisation.

To help you understand what your child will be learning, I would like to invite you to a **Parents/Carers' information meeting on Monday 27th April at 2:15pm in the dining hall**. During the meeting, I will share the content of this additional session, and you will have the opportunity to ask any questions or discuss any concerns you may have.

If, after the meeting, you still feel that you do not want your child to take part in this additional teaching session, then a meeting will be arranged for you to speak directly with Mrs. Bashir-Pugh, to share your concerns.

Please complete the form below to indicate your interest in attending the meeting.

Kind regards,

Mrs. T. Whitehurst
Assistant Headteacher
(Pastoral Lead)

I will/will not (please circle) be attending the Year 5 RSE Parent consultation on the **Monday 27th April at 2.15pm**.

Parent/Carer Name: Childs Name:



