

Reddal Hill Primary School

Trinity Street
Cradley Heath
West Midlands
B64 6HT
Headteacher: Mrs. A Bashir-Pugh

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Developing Together for Tomorrow's World

14th April 2026

Dear Parents / Carers,

In line with the government's Relationships and Sex Education (RSE) and Health Education guidance, we will be teaching the PSHE 'Changing Me' unit during Summer Term 2. Using our PSHE scheme of work, *Jigsaw PSHE*, this unit includes the mandatory content on puberty and health education outlined in the Department for Education (DfE) guidance. A copy of this document is available on the school website.

It is important for all pupils, from Year 1 onwards, to be able to name body parts using correct scientific terminology and to understand the changes their bodies may experience, taught in an age-appropriate way. Health education is mandatory, and pupils cannot be withdrawn from these lessons. Puberty is taught from Year 4 and is also compulsory. Further details about the content can be found in the PSHE section of the school website.

Pupils in Year 6 will receive one additional lesson which, while not mandatory, is strongly recommended. This session covers human reproduction. The lesson, titled 'Conception and Birth', focuses on how a baby is conceived and how it develops. This builds on the science work previously covered in Year 5.

To help you understand what your child will be learning, I would like to invite you to a **Parents/Carers' information meeting on Tuesday 28th April at 2:15pm in the dining hall**. During this session, I will outline the content of the additional Year 6 lesson, and you will have the opportunity to ask any questions or raise any concerns.

If, after the meeting, you still feel that you do not want your child to take part in this additional teaching session, then a meeting will be arranged for you to speak directly with Mrs. Bashir-Pugh, to share your concerns.

Please complete the form below to indicate your interest in attending the meeting.

Kind regards,

Mrs. T. Whitehurst
Assistant Headteacher
(Curriculum, Pupil Premium and Pastoral Lead)

I will/will not (please circle) be attending the Year 6 RSE Parent consultation on the **Tuesday 28th April at 2.15pm**

Parent/Carer Name: Childs Name:



GLEE: 'Growing – Learning – Enjoying – Excellence'

