

Reddal Hill Primary School

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Developing Together for Tomorrow's World

28th February 2022

Dear Parents / Carers,

To respond to our pupils' current needs, we will be delivering the PSHE 'Changing Me' unit of work this half term. As you are aware, the 'Changing Me' unit of work includes the mandatory puberty and health education learning that is outlined in the government's Relationships and Sex Education (RSE) and Health Education document. (You can find a copy of this document on the school website: go to 'About Us' – Curriculum – Our School Curriculum – PSHE).

It is important for all pupils, from Year 1 upwards, to name body parts using the correct scientific terminology and understand the changes that their body may go through in an age appropriate manner. Puberty and health education are mandatory and pupils cannot be withdrawn from any of these lessons. For further information regarding what will be taught, take a look at the PSHE information on the school website.

If you would like to discuss this further, please contact Mrs. Whitehurst.

Kind regards,

Mrs. T. Whitehurst
Assistant Headteacher
(Curriculum, Pupil Premium and Pastoral Lead)

