RE Use the sheet below to annotate the 5 pillars of Islam. Include the name of each of the 5 pillars and what each pillar means.



Sawm, Fasting in Ramadhan

Ramadan happens every year. This is a time when Muslims do not eat or drink during daylight hours for one month.

Young children don't fast but older children and adults do. This is a way of remembering what other people are going through in countries where there is very little food. It is a time to show patience.

Salaah, Prayer

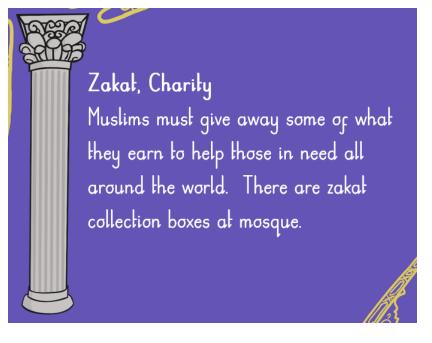
Muslims must pray five times a day. Before prayer, they must wash themselves

To pray, Muslims face in the direction of Mecca, the centre of Islam.

Shahadah, Testimony of Faith

This Pillar is believing and saying the words. "There is no god except Allah, Muhammad is the messenger of Allah".

This is what a person says to become a Muslim.





Every Muslim is expected to make the journey (pilgrimage) to Mecca at least once in their life (as long as they are well enough and able to afford it). This is known as Hajj.

Mecca is the heart of Islam and is a very special place to all Muslims. Every day, Muslims praying the direction of this city no matter where they are in the world.

