

WALT: understand the concept and
impact of positive thinking.

PSHE

How do thoughts
affect the way we feel?

Positive Mind.
Positive Vibes.
Positive Life.



What should we do about
negative thoughts?

Positive Mind.
Positive Vibes.
Positive Life.



How can we encourage
positive and helpful
thoughts?

Positive Mind.
Positive Vibes.
Positive Life.

Has anyone ever heard
of the phrase...
'A penny for your thoughts'?

Positive Mind.
Positive Vibes.
Positive Life.



This is when someone is probably
a little worried about you and
wants to try and help!
It is always good to share both
positive and negative thoughts!

Positive Mind.
Positive Vibes.
Positive Life.



I can be positive about this
by...

Positive Mind.
Positive Vibes.
Positive Life.

