

Explain to the children that to be successful at something, we need to be determined to meet our targets. Read the story below about a boy helping out at home. The boy is adamant he wants to help out his mum, and doesn't give up on achieving this.

Can the children think of a target that they would like to achieve by this time next week?

Kinder? More helpful? Work harder in lessons? Listen more?

Discuss how they can achieve this?

It was a Saturday morning and Spike was at home getting ready to go out and play with his friends. Just when he was putting on his coat, he heard his baby brother start crying. His mum was rushing around the house trying to tidy up but dropped all the clothes in her arms to run to the baby.

Spike's step-dad was away for the day so couldn't help Spike's mum with all of the house work. Spike saw that his mom was getting stressed with all of the work she had to do and looking after the baby alone. Spike had an idea. Instead of going out to play with his friends, he decided to clean the house and walk the dog so his mom didn't have to!

"Mom, it's okay. Why don't you sit down and I'll make you a cup of tea? You can have a break and I'll tidy the house" Spike told his mom.

"Oh Spike, you don't have to do that. It's not your responsibility to clean the house" said Spike's mom.

"I want to help" said Spike.

Spike's mom smiled and went to sit down with the baby.

"Thank you Spike, you're a good son!".

So, Spike spent the day cleaning the house and walking the dog whilst his mom got some rest with the new baby. Later that evening, Spike's step dad returned home.

"Wow, this place looks great" said Spike's step dad, "you must have worked so hard today" he said to Spike's mom.

"It wasn't me" said Spike's mom, "it was all Spike. He has been so helpful today"

"Well done Spike. I think you deserve a treat for that" said Spike's step dad.

"I don't need a treat" said Spike, "I just wanted to help".

