

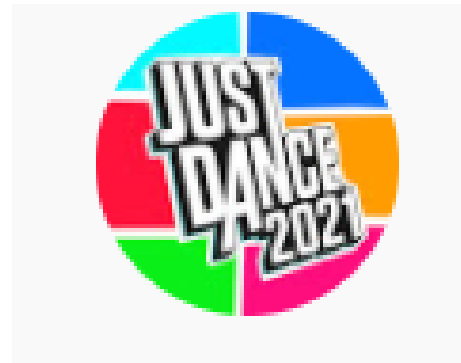
P.E

It is very important that we are still trying to do as much physical activity as possible while we are at home!

For your first P.E lesson this week, we would like you to complete a 60 minute online session!

This could be either:

Just Dance



Joe Wicks



Or type 'Workout for Kids' into
YouTube and complete
one of the videos!

